

Duck



Tales

### Results from Wellington Meet

It was another tough meet, and we did well in light of the fact that Wellington is three divisions up from us, and had almost 60 swimmers more than we did. The final score was Wellington 2955 to BLST 2170. We had three triple winners (Catherine Purnell, Pulak Deshpande and Nihar Bhat), three double winners (Emma Knick, Spencer Scott and Evan Thies) and five single winners (Troy Brown, Jonathan Peters, Ariadna Sanchez, Nathalie Rojas and Andrew Franklin). We also had 87 swimmers set personal best times in 152 splashes, including 13 swimmers with personal bests in 3 individual events.

### This Week's Meet

This weekend is our third, and final, home meet of the season. We swim against the **Brookside Hurricanes** here at Splashdown. We will be in the water for the 1st warm-up session, so be here no later than 6:00 am, and be ready to be in the water by 6:10 am. They are a large team. We will be hard pressed to get done on time, so we need everyone to help with clean-up before you leave.

### Island Theme

BLST has a tradition of picking a theme for the final home meet of the season, and this year is no different. Come dressed in your best Island attire. There will be prizes to the boy and girl who most embody the island theme. Parents are encouraged to join in the fun too!

### Pie the Coach

One of our favorite activities as the season winds down is "Pie the Coach". Each swimmer who has dropped time this season will have their names put in a bag. (You get one ticket for every second dropped since the first meet of the season.) If your name is pulled from the bag, you get to pick which coach to pie. We keep going until all of the pie supplies are gone. Since this includes individuals from both practice sessions, we will need the older swimmers to show up early. This year we will be doing this on Thursday, July 19 at 7:45 pm, so everyone gets some time in the pool, and a chance to participate in the fun!

### Volunteers Needed for Friday Night Set-up

With this being another home meet, we need help getting everything set-up Friday night. We are not going to be able to get into the park until Splashdown closes at 9:00 pm, which means we need lots of hands to get it done in a short period of time. And, as anyone who has done this before can tell you, this is the best way to get the spot you want for your tent!

## Wednesday Night Fun

We only have two Spirit Nights left for the season. This week's is Putt Putt golf at the Magic Castle on Mathis Avenue, followed by ice cream at Nathan's. Come join us from 5:00 - 9:00 pm. Next week's Spirit Night will be Poster Night (with pizza) at the Franklin's from 6:00 - 9:00 pm.

## Donations

With this being our last home meet of the season, we need more donations for Concessions again. It really helps cut down on the lines at Concessions if we stay with the basics listed below. Drink donations can be brought in any night during practice, or to Friday night setup.

### Canned Sodas

Coke

Diet Coke

Pepsi

Diet Pepsi

Sprite

Dr. Pepper

### 20 oz. Gatorade

Fruit Punch

Cool Blue

Lemon-Lime

### Bottled Water

(No sports tops )

We also need donations of fresh foods, including fruit salad and pasta salad (we have found that noodles, a small amount of veggies, cheese, and dressing works great). We also welcome any food donation from Duck fondue to breakfast casseroles to empañadas! These need to be brought to Concessions on Saturday morning.

## Divisionals (Continued)

If your swimmer is eligible to swim at Divisionals, but will not be here on July 28, we need you to opt them out. This **MUST** be done before July 21 when the coaches will be doing the entries. To help with that, we will have a roster at practices in the upper pavilion from now until then to let you opt out your swimmers from Divisionals.

Divisional t-shirts are being handled a little differently this year. As always, you should pre-order them. However, this year, you will need to order them on-line at <http://www.sunnyann.com> no later than July 25. You will need to select which team you are with so your order gets sorted into the correct group. We will pick up the shirts from the host team and distribute them to you at divisionals. Please be aware that only a very small number of shirts will be available for purchase at divisionals.

## Ducks of the Week

Congratulations to the following swimmers, whose great attitudes and hard work earned them this week's honors!

Group 1: Yadir Argueta

Group 2: Jazmyn Brown-Campbell

Group 3: Spencer Scott (10 & Under); Jasmine Martinez (11 & Up)

Group 4: Devon Cooper

Group 5: Daniel Utt